
Exposure and Quarantine Criteria Based on Role

Notification Process:

- Contact tracing is being performed by Indiana State Department of Health for all positives reported to the state
 - Positive cases will be isolated
 - Contacts will be quarantined- ISDH asks if contact is a HCW
 - Asymptomatic Healthcare workers do NOT need to self-quarantine (see Appendix A)
- Anyone who logs into the IUH Virtual hub via a CAS login will also be contact traced by the Medical Response Team to expedite notifications
 - There may be redundancy here which we are working on

Guiding Principles:

- The process for faculty and staff should not be different than for Students, Residents and Fellows
- There should be consensus across all of our major hospitals where our constituents provide clinical care
- Masks are to be worn at all times except when eating where 6 feet of distance should be kept between individuals
- Cloth, surgical, and isolation masks are protective against viral transmission and pre-symptomatic and asymptomatic shedding should be blunted by appropriate utilization of these devices
- The Exposure Definition we will be using is: Unmasked (no surgical/isolation/cloth mask) exposure for 15 minutes within 6 ft of a patient with laboratory confirmed COVID-19 during the infectious window period (2 days before onset of symptoms through day 10 after symptom onset assuming no fevers in 72 hours and improvement of symptoms)
- Work that can be done from home, should be done from home. Clinical work is essential in-person work for both faculty, fellows, residents, and medical students. Decisions on whether the in-person clinical work should occur for fellows, residents, and medical students should be guided by UGME/GME
- Quarantine of healthcare workers on exposure would severely limit our workforce. Instead, we require universal masking and cessation of work when symptoms develop for all healthcare workers.

Guidelines:

- IUH Faculty and Staff
 - If **symptomatic** should use IUH virtual hub with IUH credentials
 - If testing appropriate, they will be guided to closest testing facility
 - If positive:
 - It is the individual's responsibility to let their supervisor know
 - Isolation duration is 10 days minimum and provider must be afebrile for 72 hours with improving symptoms before returning to work. This process will be guided by the hub and a sick slip is required prior to reentry to the workforce. Retesting is not required and is discouraged.
 - It is the faculty's responsibility to notify Occupational Health at the facility (e.g. Eskenazi Health or VA) where they have been assigned. If assigned to IUH, the notification occurs via the IUH Virtual Hub.
 - If negative
 - Let supervisor know
 - Should remain off work until you've been 24h fever free (off antipyretics) with improving symptoms
 - You are allowed to return to work as long as you remain masked (with a surgical or isolation mask) as guided by institutional policies
 - In this situation, should symptoms develop, you should stop working and utilize the virtual hub for testing
 - Work and lectures outside of your clinical responsibilities should be done remotely when possible
 - If **asymptomatic** but notified about exposure **inside or outside of the hospital**
- Students, Residents, and Fellows providing patient care (this includes schools of medicine, dentistry, physical therapy, etc.)
 - If **symptomatic** should use IUH virtual hub with CAS credentials
 - If testing appropriate, they will be guided to closest testing facility
 - If positive:
 - Let program director, staff physician, and rotation coordinator know
 - Isolation duration is 10 days minimum and provider must be afebrile for 72 hours with improving symptoms before returning to work/class. This process will be guided by the hub. Retesting is not required and is discouraged.
 - It is the learner's responsibility to notify Occupational Health at the facility (e.g. Eskenazi Health or VA) where they have been assigned. If assigned to IUH, the notification occurs via the IUH Virtual Hub.
 - If negative

- Let program director, staff physician, and rotation coordinator know
 - Should remain off work until you've been 24h fever free (off antipyretics) with improving symptoms
- If **asymptomatic** but notified about exposure **inside or outside of the hospital**
 - You are allowed to return to clinical work as long as you remain masked (with a surgical or isolation mask) as guided by institutional policies
 - In this situation, should symptoms develop, you should stop working and utilize the virtual hub for testing
 - Work and lectures outside of your clinical responsibilities should be done remotely when possible
- Non-IUH faculty and staff, Pre-clinical Medical Students and Other Students
 - If **symptomatic** should use IUH virtual hub with CAS credentials
 - If testing appropriate, they will be guided to closest testing facility
 - If positive:
 - Let supervisor/course site leader know
 - Isolation duration is 10 days minimum and affected individual must be afebrile for 72 hours with improving symptoms before returning to classes. This process will be guided by the hub. Retesting is not required and is discouraged.
 - If negative
 - Let supervisor/course site leader know
 - Should remain off work until you've been 24h fever free (off antipyretics) with improving symptoms
 - If **asymptomatic** but notified about exposure
 - If wearing a surgical/isolation/cloth mask during the exposure, no need for quarantine
 - If not wearing a surgical/isolation/cloth mask during the exposure:
 - Let supervisor know (can discuss with contact tracing hotline for advice)
 - Quarantine duration is 14 days and will be guided by the HUB
 - If symptoms never develop during the 14-day quarantine period, you can return to work at the end of the 14 days
 - If symptoms develop during the quarantine period, contact the virtual hub for assessment for testing

Guidance for Program Directors and Supervisors

- It is the constituent's responsibility to notify you about their illness or exposure with how long they will be off work
- It is the constituent's responsibility to notify occupational health at EZ and VA when they are rotating at these facilities. They do not need to notify occupational health at IUH since this happens automatically from the hub
- You can provide guidance based on the above if the constituent divulges the results of their testing
- The hub will let the constituent know when they can return back into the work environment
- Retesting is never required, only symptom-based criteria will be used
- There is no one that you need to notify regularly, however, if you have concerns about transmissions within the hospital, please let the local IP director know (Beeler- UH, Dbeibo- MH, Dysangco- VA, Kressel- EZ)

Appendix A: ISDH Asymptomatic HCW script

If patient is ASYMPTOMATIC and is a HEALTHCARE WORKER:

"Since you have not had any symptoms yet, and you are a healthcare worker, you do not need to self-quarantine and can return to work."

1. "Please file a report with your employer to indicate that you have been exposed to COVID-19 and follow any of their protocols first and foremost."

2. "According to current guidance, you may return to work but must wear full personal protective equipment (PPE) including mask, gown and gloves, even in non-patient care areas."

3. "Monitor yourself for symptoms daily. If you develop any of the symptoms we discussed earlier, contact both the call center and your primary care provider (or an emergency room/urgent care if you don't have one) immediately. I will provide you with more information on how to contact us later in the call." a. "If you start having serious symptoms like difficulty breathing, chest pain or pressure that won't go away, confusion, difficulty staying awake, your lips or face turn blue, or any other concerning medical symptom, call 911 or go to your local emergency room for evaluation."

b. "Before arriving at the hospital, tell the 911 dispatcher or the hospital emergency room via their phone number that you have been notified by ISDH of your exposure to a confirmed case of COVID-19."

c. "If possible, put on a facemask before the ambulance arrives or you go to the ER."