

## A. Introduction

### 1. Meeting format

- Overview—contacts and resources
- Med. student leadership updates
- Program Director overview—timeline, tips, some FAQs
- Group discussion and Q/A
- Breakouts for small groups

### 2. Pediatrics Residency Program Leadership and Contacts

- Jerry Rushton, Peds Program Director [jrushton@iu.edu](mailto:jrushton@iu.edu)
- Zeina Nabhan, Peds. Assoc. PD [znabhan@iu.edu](mailto:znabhan@iu.edu)
- Lori Price, Peds. Assoc. PD [lauprice@iu.edu](mailto:lauprice@iu.edu)
- Kim Schneider, Peds. Assoc. PD [kschneider@IUHealth.org](mailto:kschneider@IUHealth.org)
- Josih Hostetler, Peds. Program coordinator [johostet@iu.edu](mailto:johostet@iu.edu)
- Peds Chiefs (current) = Andi Aguilar, Jill Halper, Laura Petras [chiefped@iupui.edu](mailto:chiefped@iupui.edu)
- Peds rising Chiefs = Amalia Lehman, Eric Raynal, Chaniece Wallace [chiefped@iupui.edu](mailto:chiefped@iupui.edu)
- Peds Chairman, Wade Clapp [dclapp@iu.edu](mailto:dclapp@iu.edu)
- Peds Vice-Chair Bobbi Byrne [bjbyrne@iu.edu](mailto:bjbyrne@iu.edu)

### 3. Combined Pediatrics leaders

- MedPeds Tim Brady [tbrady@iu.edu](mailto:tbrady@iu.edu)
- EMP Deb Rusk [drusk@iu.edu](mailto:drusk@iu.edu)
- Child Neuro Marcia Felker [mamccann@iupui.edu](mailto:mamccann@iupui.edu)
- NDD Celanie Christensen [ckchrist@iupui.edu](mailto:ckchrist@iupui.edu)
- TBP Cassie Karlsson [ckarlsson@iupui.edu](mailto:ckarlsson@iupui.edu)
- (new) Combined Peds Genetics- Clair Francomano [cfrancom@iu.edu](mailto:cfrancom@iu.edu)

## B. MS3/MS4 Peds clerkship and senior rotations and planning (Jordan Huskins to update)

## C. Timeline and planning

- [Spring] consider your career goals— Peds vs. combined, possible advisor meetings, schedule planning
- [May/June]- review career info websites, AAMC data, possibly some individual websites
- [June/July]- begin to develop your CV/activities listings, Personal Statement, who will write LOR
- [July] ERAS opens up to start entering info
- [July] Start to develop application strategy, number of programs, discuss sites
- [Aug.] Finalize CV, PS, ask for all LOR
- [Sept. 15] ERAS opens up for Programs to view
- [Oct.] Start of Interviews (times vary by programs)
- [Nov.-Dec.] Main months for most interviews
- [Jan.] Interviews wind up, start formulating your summary of lists for NRMP ranks
- [Feb.] Rank lists due
- [Mar.] NRMP Match week
- [April-May] Final rotations/graduation
- [June] mid-June most programs start orientation (varies)

## D. Tips and INTRODUCTION

- SIG series reminders see attached info for June – Oct. monthly sessions
- Note: advice WILL vary greatly by your individual goals, interests, scores, etc.
- Use other sources (advisors/faculty/residents/peers) to discuss individual needs
- Think about this, but don't over-stress— your residency spot will not permanently set the course for the rest of your life! (Will be many other chances to adapt, change, move, etc.)

**TIP #0** - be cautious regarding myths, peers, rumors, fear, and some websites/advisors who don't know Peds!!

## 10 general tips and SEARCH CONSIDERATIONS

1. **Begin with your own goals** this may be an unknown or under development for many, but try to think about what ideal program and location would be best for the next 3-6 years and beyond.  
(See career info in the following 2 guides for more information on Peds careers) <https://www.pedsubs.org/>  
<https://www.aap.org/en-us/professional-resources/Pediatrics-as-a-Profession/Documents/Peds101book.pdf>
  - Do you want an academic career, research options, international opps., etc.?
  - Do you want a focus on inpt/outpt, primary vs. specialty, large vs. small?
  - How important is geography, distance from family, sig.other job, lifestyle, etc?
2. **Reflect on your learning style.** Do you learn better by volume, variety, repetition, more guidance vs. independence, large vs. small, community-based vs. acad-based, etc. etc.
3. **Start broadly in your initial search** this is a time to explore *widely*. You can cone down to those you actually apply to, visit, and rank later. (keep the attrition at each step below in mind)
  - You will probably not get invited to every program you apply to
  - You may not keep every one of the interview dates you set up
  - You may not in the end rank every program you visit
4. **The 'Numbers game'.** #apps/programs is very individual, variable, and changing year-to-year.
  - You have invested much to get to this point— hope for the best, YET plan for the worst
  - Balance the fear of not matching vs. the time/money/effort to travel >10 places
  - NRMP has stats. on likelihood to match— 80% get top3, 90% match with 5 ranked, 99% with 10 ranked programs (of course varies by individual USMLE, etc.)  
<http://www.nrmp.org/main-residency-match-data/>  
Sorry, USMLE scores *do* matter *to a point* if you are 200 vs. 220 vs. 260 in getting intervws.
  - Thus if you want to end up with 5-10 on your rank list, you may need to interview at 8-12, and apply to 15-25+? (these are very rough numbers and quite individual/variable). ?more
  - Info on strategy (don't over or under-apply)—see ERAS/AAMC website info and "Apply Smart"  
<https://students-residents.aamc.org/applying-residency/apply-smart-residency/researching-residency-programs-and-building-application-strategy/>
5. **Talk to others/advisors.** Once you have individual goals and approach to your search, bounce your ideas off others. Get outside perspectives (but this will vary as we all have personal biases)
6. **Review national data, info.** AMA FREIDA search, Doximity Residency Navigator/USNWR, other can help you find all of the Midwest programs, or by specific search criteria. Caution on 'rankings'-- take all of these with a grain of salt—these can be subjective 'reputation', research/acad.-driven ratings
7. **Explore program websites.** (although) not very useful and truly need to visit/interview to get a better sense, but may help you triage early on for some you are on the fence about or exploring
8. **Don't sell yourself short or set sights too low.** 'You never make the shot you don't take'; 'Hurdles are what you see when you set your aims too low', etc. You never know what programs you will find unique, interesting, desirable so don't try to play the game of 'how competitive am I', what should be my 'safety school' etc. Stretch a little and if you get your foot in the door with interviews, anything may happen. Take a few 'flyers' just to visit or explore.
9. **Don't be unrealistic either** listing only 25 top schools if you failed step1 is not wise. Have a mix of stretch and pragmatism, and some balance (especially if any fails or step1,2 score << 210-215)
10. **Get excited for this year!** It is the process to reach your final goals! (despite COVID and later start!!)

+A few other topics and notes: Away rotations, research, couples match, combined Peds, undecided, other???