

“WHERE DO I GO?” GUIDE

Medical Student Council

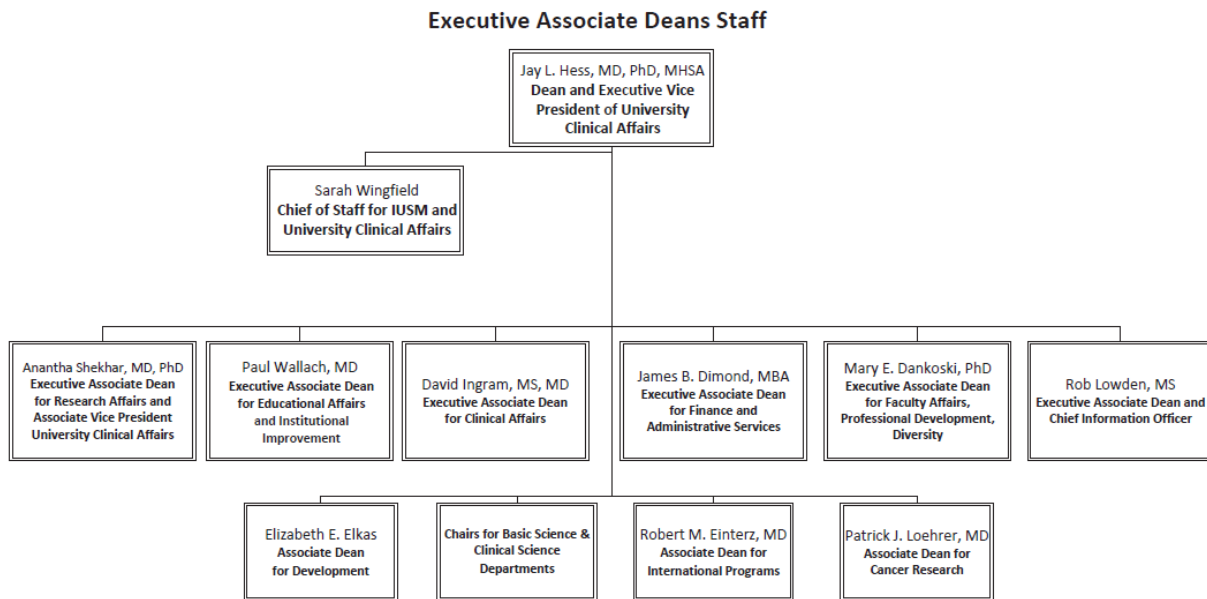
2019



INDIANA UNIVERSITY
SCHOOL OF MEDICINE




IUSM General Resources

WHO'S WHO AT IUSM?



Academic Resources

Medical Education Team

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<p>Jean Mensz, MD Director of Clinical Integration E: jmmenz@iu.edu</p>	<p>Margaret Bauer, PhD Director of Foundational Science Integration E: mebauer@iu.edu</p>
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Phase 2:

<p>Jennifer Schwartz, MD Assistant Dean E: jeschwar@iu.edu</p>	<p>Laura Hinkle, MD Director of Clinical Transitions Curriculum E: ljhinkle@iu.edu</p>	<p>Neelum Safdar, MT, Med Curriculum Specialist E: nrsafdar@iu.edu</p>
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Phase 3:

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***For information on Lead Advisors, look at campus specific resources.

Scholarly Concentrations Programs

SCHOLARLY CONCENTRATION LOCATIONS

<p>BLOOMINGTON - Human Sexuality and Health</p>	<p>MUNCIE - Health Promotion and Disease Prevention</p>
<p>EVANSVILLE - Quality and Innovation in Health Care</p>	<p>NORTHWEST-GARY - Urban Medicine and Health Care Disparities</p>
<p>FORT WAYNE - Health Systems Science</p>	<p>SOUTH BEND - Ethics, Equity and Justice</p>
<p>INDIANAPOLIS - Genetics in Medicine - Health Information Technology - Public Health - Business of Medicine</p>	<p>TERRE HAUTE - Rural Health</p>
	<p>WEST LAFAYETTE - Biomedical Engineering and Applied Medical Technology - Care of Hispanic/Latino Patients</p>

EXAMPLE STUDENT JOURNEY

Scholarly Concentration pathways may vary
This example shows a recommended journey



Students completing a Scholarly Concentration earn 2 elective credits toward graduation

Application Process: Aspiring medical students are encouraged to apply to the Scholarly Concentration of their choice during the admissions process, so they have the best opportunity to match with the campus that hosts their concentration. Students who apply and meet qualifications will be invited to apply for the [Scholarly Concentration Priority Placement Program](#) and receive notification of admission to IU School of Medicine in December. Admitted medical students can also apply for available concentrations after matriculating.

Dual Degree Programs

Medical Science Training Program (MD/PhD): The program centers on an integrated curriculum that combines a strong core education in medicine and intensive training in scientific inquiry. Successful completion of the program earns participants both an MD and PhD degree.

MD/JD: The joint J.D./M.D. program is designed to enable you to obtain dual J.D. and M.D. degrees in six years instead of seven years and provides you with valuable interdisciplinary work experience in the areas of public health, health policy, and life sciences. You will be required to gain independent acceptance to the IU Robert H. McKinney School of Law and the Indiana University School of Medicine.

Requirements: 84 credit hours of standard law courses; the remaining 6 credit hours required for the J.D. may be medical courses taken through the Indiana University School of Medicine.

For additional information contact: Hall Center for Law and Health, IU Robert H. McKinney School of Law, Lawrence W. Inlow Hall, Room 136D, 530 W. New York Street, Indianapolis, IN 46202-3225
P: 317-274-1951
E: centerlh@iupui.edu

MD/MPH: IU School of Medicine and the IU School of Public Health together developed the MD/MPH dual degree program that integrates medicine and public health training. Students learn core public health topics, including environmental health, infectious disease control, biostatistics, disease prevention and health policy, while pursuing medical training required to be a physician.

Current MD students can also apply for the dual degree program at any point in their medical education through [IU Fairbanks School of Public Health Master of Public Health Program](#). Current medical students who are interested in the Certificate in Public Health or MPH degree are required to submit an Online Graduate and Professional Admissions Application. The IU application fee will be waived.

In addition to submitting the IU application, medical students should submit the following items to the Fairbanks School of Public Health Office of Student Services, attention: Shawne Mathis.

- Current Resume or CV
- One-page essay addressing the following two questions:
 - Where did your interest in public health originate?
 - How do you plan to integrate your medical and public health degrees after graduation?
- Completed and signed Form A granting permission to the IUSM Office of Medical Student Affairs to release to the Fairbanks School of Public Health (1) copies of your undergraduate and graduate transcripts, (2) MCAT scores and (3) at least three letters of recommendation from your application to medical school. For an accessible version of Form A, please contact fsphinfo@iupui.edu.
- Medical students who are interested in applying for a stipend to offset some of the cost of the MPH courses should complete the scholarship application. Preference will be given to those who submit the scholarship application by February 15. For an accessible version of the scholarship application, please contact fsphinfo@iupui.edu.

MD/MBA: IU School of Medicine and [IU Kelley School of Business](#) partner to offer the MD/MBA dual degree for highly qualified students who desire to complement medical training with a greater understanding of economics, finance, marketing and management of the health care system. Students in this program begin their medical training before integrating course work with the IU Kelley School of Business degree requirements. The degrees are conferred simultaneously when all joint degree requirements are met, which typically occurs after five years of graduate education. To pursue an MD/MBA, students must apply separately to both the IU School of Medicine and Kelley School of Business and be accepted by both programs to pursue the joint MD/MBA degree. [Learn more about the MD/MBA Program.](#)

Qualifications: To qualify for admission, a candidate must:

- Meet prerequisite requirements for application to the School of Medicine in Indianapolis and the Kelley School of Business Indianapolis individually.
- Complete an application and required documentation for each school, including the MCAT and GMAT examinations.
- Be admitted to each school individually.

Requirements: 40.5 credit hours of MBA courses and four years at the School of Medicine.

Curriculum: Students spend two years in the School of Medicine (IUSM Phases I & II) and then begin integrating business course work towards the end of the second year or beginning of the third year (during IUSM Phase III). All MBA core classes must be taken as intact modules.

MD/MA or MD/MS: In addition to educating future physicians, IU School of Medicine is deeply committed to developing future health care leaders and scholars in medicine. That's why IU School of Medicine offers dual degrees that allow students to receive a master's degree in addition to an MD degree. Master's degree specializations include [philosophy \(with a bioethics focus\)](#); [philanthropy](#); [clinical research](#); and more. Students interested in pursuing a master's degree should explore the individual program requirements and reach out to their lead advisors to begin the next steps.

Certificate Programs: Certificate programs provide students formal training in an area of interest with fewer requirements than other credentials. Certificates include [public health](#), [bioethics](#), [medical humanities](#), [clinical research](#) and more.

[Ruth Lilly Online Medical Library](#)

[Phase 1 Resources](#)

[Phase 2 & 3 Resources](#)

[Lecture Recordings](#)

Wellness Resources

IUSM Mental Health Services

For Emergencies:

Mental Health Crisis Line: (317)-278-HELP (4357)

The LGBTQ+ Trevor Lifeline: (866)-488-7386

Crisis Textline: Text CSIS to 85511

Make an Appointment: [email the Department of Mental Health Services](#) or call 317-278-2383 (Confidential information should not be included in email but can be left on voicemail.)

Location: Gatch Hall, Suite 600, 1120 W. Michigan Street, 46202

For Psychiatric Appointments: Initial evaluation appointments (60-90 minutes) must be completed in person at Hasan's office on the Indianapolis campus. Subsequent appointments (30 minutes) can be conducted remotely via Zoom.

For Regional Campuses: reach out to [Dr. Dana Lasek](#), IUSM Psychologist.

Parking: Parking is available at any of the student/physician lots with a valid permit. The closest visitor parking is Riley Hospital Outpatient Garage (575 Riley Hospital Garage, 46202). The office cannot validate parking costs/tickets. Additional garages and parking locations are available.

Medical Care

Students can access local health services and acute care through patient care facilities at the campus on which they're training.

Student Health Insurance

All medical students who are not covered by a parent or spouse or by a plan that meets the school's comparable standards (outlined during open enrollment periods) must be covered by the IU School of Medicine student health insurance plan with Aetna Student Health.

The IU School of Medicine health insurance plan is currently administered by **Aetna**. See the [Health Insurance Plan Summary](#) (PDF) for information on rates, plan benefits, claim procedures and exclusions.

Policy number for IU: 812801

To waive this plan, access the [School of Medicine Online Waiver Application](#). For details about eligibility, dependent coverage, premiums and billing, and more, visit the Indiana University HR page on benefits for professional students. The school allows waivers for students who are covered by a parent or spouse plan or by a comparable plan. Waiving out of the school's health insurance plan requires submission of documentation showing qualifying coverage under the policy of the student's spouse or parent, or a plan that meets comparable standards. Please see the IU School of Medicine Student Handbook (Academic and Professional Standards section) for more information about this and other policies affecting medical students.

For more information on Disability Insurance: contact Melissa Williams, Student Health Insurance Coordinator at studenhc@indiana.edu or 812-856-4650.

Spiritual Care and Chaplaincy Services

Spiritual care and chaplaincy services are available through Beth Newton Watson, M.Div, BCC, at IU Health Methodist Hospital, Wile Hall W230.

Make an Appointment: call 317-962-3723 (office) or 317-965-9229 (mobile) or email [Beth Newton Watson](mailto:Beth.Newton.Watson).

Social Resources

St. Vitus Formal Dance: St. Vitus is the annual IU School of Medicine Spring Formal. It is the biggest social event of the year and a time to spend with classmates from all nine campuses.

Evening of the Arts (EOTA): an annual event showcasing the creative talents of IUSM students, faculty, and staff, with proceeds benefitting local health care clinics in Indianapolis. The show features singing, dancing, comedy, soccer ball-juggling, classical music, ukuleles, the IUSM Orchestra, and a performance highlighting the Indian Raas, Bhangra, and Bollywood styles of dance. The night also includes dinner and a silent auction with art donated by the IUSM and Indianapolis communities, and gifts donated by local businesses.

FIRM Conference: FIRM stands for Finding Inspiration and Resilience in Medicine and is an annual free day-long conference put on by students at the IUSM and the Marian University College of Osteopathic Medicine. It features workshops on promoting a culture of wellness and resilience in medicine and fighting burnout.

For more information on events happening within IUSM, check out the [events calendar](#).

For Further Questions, students can ask [MSE \(Medical Student Education\) directly](#) – [there is an archive of student questions!](#)

IUSM Bloomington Resources

WHO'S WHO AT IUSM – BL?

Currently hiring a new dean, deadline for Fall of 2019	Sarah A. Tieman, MD Assistant Director of 1 st and 2 nd Year Medical Student Education Jordan Hall 105 E: satieman@iu.edu
Matthew Thomas Student Services Specialist Jordan Hall 104 E: thomas3@indiana.edu	Jim Allen, MS, EdS Lead Advisor, Bloomington Jordan Hall 300 E: allen92@indiana.edu

Academic Resources

Campus Specific Resources:

SIM Center: IU Health Bloomington Simulation Center is located in the Campus Office and Classroom Building.

Interprofessional Education: School of Optometry, School of Nursing, Social Work, Physical Therapy, Occupational Therapy,

Medicine and Business Scholarly Concentration: This concentration prepares future physicians to apply the fundamentals of business in clinical environments. As a result, students learn how to improve medical outcomes, reduce costs and lift staff morale. Team-based consulting projects teach students to frame managerial challenges, envision new organizational solutions, evaluate tradeoffs in resources and outcomes, and implement improvements at an enterprise level.

Summer Research: Many faculty collaboratively research areas of cellular medicine, and research facilities at this campus are grouped by focus of work.

Medical sciences research strengths at IU School of Medicine-Bloomington include: **Basic mechanisms of disease, cancer cell biology, cell signaling and development, epigenetics, genomics and chromatin, and educational research.**

Study Areas:

Jordan Hall: 1001 E 3rd St, Bloomington, IN 47405. Library located within the building. Students have access to the Medical Student Lounge and Classrooms all hours.

IU Health Hospital Library: Located by the Labor and Delivery unit. Take the elevator by the coffee shop. The access code is * (month). For example, July would be *7. Students have access to the hospital all hours (ID needed).

Indiana Memorial Union: 900 E 7th Street. Parking will be free if you stay past midnight, otherwise parking is pretty expensive.

***There are dozens of coffeeshops in Bloomington! Make sure to check all of them out! Some popular ones are Hopscotch Coffee, Pourhouse, Starbucks, and Soma!

Extracurriculars:

Student Interest Groups: Students for a National Health Plan, Surgery SIG, AMWA, AMA/ISMA

Volunteer Activities: Volunteers in Medicine Clinic, Shalom Center

Parking/Public Transport:

Parking for Jordan Hall: Bryan Park (15 min walk to class), Neighborhood Parking (Pass Needed)

Parking for 714 South Rogers: Kroger (10 min walk), Neighborhood Parking (No Pass Needed)

Parking for SIM Center: Bryan Park (15 min walk to class), Neighborhood Parking (Pass Needed)

Transport: Bike friendly, Scooters (Lyme and Byrd), IU Busses

*** Students tend to live close to campus to be walking distant to class! There will be a new hospital and academic center built in 2021!

Wellness Resources

Campus Specific Wellness Resources

Indiana University CAPS (Counseling and Psychological Services)

Hours: Monday – Friday, 8am- 4:45pm

Location: IU Health Center 4th Floor

Make Appointment: (812) – 855-5711

For Emergencies 24/7: (812) – 855-5711

Sexual Assault/Abuse Resources:

Confidential Victim Advocates: Assist with academic concerns, emergency housing, safety planning, and reporting to the university and/or local police. (812) 856-6687

Counseling Services:

- Sexual Assault Crisis Services, CAPS (for students)
24-hour crisis line: (812) 855-8900
- Middle Way House (for community members)
(812) 336-0846
- RAINN National Sexual Assault Hotline
(800) 656-4673

Campus Specific Health Resources

Indiana University Health Center

Hours: Monday – Friday, 8am- 4:30pm

Location: 600 N. Jordan Avenue, Bloomington, Indiana 47405 (Corner of North Jordan Avenue and East Tenth Street)

Make Appointment: (812) 855-4011

Parking: Parking is available behind the clinic for patients from the parking booth at the North Jordan Avenue Entrance.

General (Medical, Pharmacy, Immunization, Counseling, Health and Wellness): Monday – Friday, 8am-4:30pm

Location: IU Health Center

Make Appointment: (812) 855-7688, After Hours Medical Advice: (812) 855-4011, option 5

Physical Therapy: Monday-Friday, 8:00 a.m. - 12:00 p.m. and 1 - 4:30 p.m.

Location: IU Health Center 1st Floor, Room 145

Make Appointment: (812) – 855-6272

Eye Clinic: Monday – Friday, 8am- 4:30pm

Location: IU Health Center 1st Floor

Make Appointment: (812) – 855-8417

For Emergencies: (812) – 345-7443

Sports Performance and Fitness Health Clinic: Monday – Friday, 8am- 4:30pm

Location: IU Health Center 1st Floor, Room 145

Make Appointment: (812) – 855-7688, ask to be scheduled with David Fletcher, MD.

OASIS Alcohol and Drug Support Center: Monday-Friday, 8:30 a.m. - 5:00 p.m. after hours by appointment

Location: 506 N Fess Ave.

Pharmacy: Monday – Friday, 8am- 4:30pm

Location: IU Health Center 2nd Floor

To Speak with a Pharmacist: (812) 855-3865

Refill Prescriptions (IU Students and Faculty): <https://us.refill.voicetechinc.com/iuh-0001/quick/>

Transfer Existing Prescriptions:

https://healthcenterindiana.co1.qualtrics.com/jfe/form/SV_5gTnBBnHEPinwK9

After-hours services

- After-Hours Medical Advice: (812) 855-4011, option 5
- Counseling and Psychological Services: 812-855-5711, option 1
- Sexual Assault Crisis Service: 812-855-8900

Exercise:

Indiana Recreational Sports:

Hours: See site – hyperlink above (changes with season)

Locations:

Student Recreational Sports Center (SRSC): 1601 E Law Ln, Bloomington, IN 47408

Councilman/Billingsley Aquatic Center (CBAC)

Royer Pool

Intramural Center (IC): 1025 E 7th St, Bloomington, IN 47405

Outdoor Pool: 1490 N Fee Ln, Bloomington, IN 47408

Tennis Center: 1833 N Fee Ln, Bloomington, IN 47408

Woodlawn Fields: 1025 E 7th St, Bloomington, IN 47405

Recreational Sports Field Complex: 1025 E 7th St #290, Bloomington, IN 47405

Evan Williams Field: 851 N Range Rd, Bloomington, IN 47408

Hoosier Heights: 1008 S Rogers St, Bloomington, IN 47403

Hoosier Crossfit: 340 S Walker St, Bloomington, IN 47403

Orange Theory: 2894 E 3rd St #113, Bloomington, IN 47401

IU Intramurals: Registration Fees are covered by the Bloomington Student Activity Fund.

IU Outdoor Activities: Eigenmann Hall, 1900 E 10th St #020, Bloomington, IN 47406

Vibe Yoga: 1705 N College Ave, Bloomington, IN 47404

*****Please note that these are just the resources currently used by students, there are many, many other business that are located in Bloomington, be sure to do some more research to choose where you'd like to go! These business are not endorsed by IUSM.**

Outdoor Spaces/Activities:

Bryan Park: 1001 S Henderson St, Bloomington, IN 47401

B-Line Trail: 350 W 7th ST Bloomington IN 47404

Griffy Lake: 3400 N Headley Rd. Bloomington IN 47408

Lake Monroe: 4850 S. State Road 446 Bloomington, IN 47401

Indiana University Campus

Social Resources

Activities/Annual Events:

Btown Annual Boats Trip at Lake Monroe

End of the Year Banquet

South College IU Homecoming Tailgate

IUSM Evansville Resources

WHO'S WHO AT IUSM – EV?

Steven G. Becker, MD Associate Dean E: sgbecker@iu.edu	Jamie Henderlong Assistant to Dr. Becker P: 812-909-7200
Dave Elkins, MBA Assistant Director for Finance and Operations E: daaelkin@iu.edu	Leeann Parker, MS MS Director, Clinical Education and Clerkships E: leerpark@iupui.edu
Catherine Zimmermann Director of Development and Public Relations E: cjzimmer@iupui.edu	Keith Powers, PhD Lead Advisor, Evansville E: powerske@iu.edu

Academic Resources

Campus Specific Resources:

Residency Programs: Internal Medicine established in Evansville with resources available to students. Psych and EM residencies beginning in coming year or two.

SIM Center: (under development) - OSCE suite, four bed hospital, clinical skills area, surgical suite, etc.

Study Areas:

IUSM-Specific Spaces: Five large study rooms (4-8 students) for individual studying or group work. Six small study rooms (1-4 students) for individual studying or group work. New area under construction Summer 2019, likely ~20 individual study spaces.

Spaces open for MD, PA, OT, PT, etc students: "Library" - No books but capacity for ~15 students with various seating options - generally a quiet area. Hallways have multiple areas to sit, socialize or study. Generally used by non-MD students.

Extracurriculars:

Student Outreach Clinic: currently being developed with Deaconess Health System

SIGs: are student driven, support staff can get almost any doc in town to come and give a talk.

Yearly AMA Skills Day

Yearly Health Fairs

Parking/Public Transport:

Parking for Class: Free parking next to building

***Most students live within walking distance of the Stone Center

Wellness Resources

Campus Specific Wellness Resources:

***Smaller campus and living proximity generally helps connect students together

University of Evansville Mental Health Counseling:

Hours: Monday - Friday, 8:00am - 5:00pm

Location: Ridgway University Center, 2nd Floor

Make Appointment: (812)-488-2663, so83@evansville.edu, or in person.

For Emergencies: (812) – 488-2051

Campus Specific Health Resources:

University of Evansville Health Center Services:

Hours: Monday - Friday, 8:00am - 5:00pm

Location: Sampson Hall, 1800 Lincoln Ave, Evansville

Make Appointment: (812)-488-2663, healthcenter@evansville.edu, or in person.

***Support staff can also make suggestions on finding and establishing care from specialists or primary-care providers in town.

Exercise:

YMCA: Membership is included. Within walking distance from Stone Center.

Outdoor Spaces/Activities:

Ohio River: visible from Stone Center, includes a multi-mile paved greenway for running/walking/cycling!

Shawnee National Forest (1.5 hours)

Hoosier National Forest (1.5 hours)

Social Resources:

Activities/Annual Events:

Annual Louisville/Nashville Trip

Fall Fest: First week of October, a full week of diabetes, heart disease, and brain sandwiches.

IUSM Fort Wayne Resources

WHO'S WHO?

Fen-Lei Chang, MD, PhD Associate Dean IPFW Med Ed 111 E: fchang@iu.edu	Joseph Kosnik, MD Regional Clerkship Director IPFW MEC 111 E: jwkosnik@iupui.edu	Sharon Roberts Fort Wayne Campus Clerkship Coordinator E: robeshar@iu.edu
Katie Heegan General Campus Information and Campus Tours E: kheegan@iu.edu	Gina Bailey Development E: gibailey@iu.edu	Jennifer Boen Anna Yoder MS Fund E: jboen@iu.edu

Academic Resources

Campus Specific Resources:

Practice Exam Rooms

Student Outreach Clinic: Up and coming!

Research: Faculty at this campus collaboratively conduct research in areas of neuroscience, including Alzheimer's disease, Parkinson's disease, multiple sclerosis and stroke. The Fort Wayne medical research facility provides spacious laboratories for each of the basic science faculty members at this campus.

SIM Center

Study Areas:

Campus Libraries

Medical School Study Spaces

Local Coffee Shops: Starbucks on Colliseum

Extracurriculars:

Student Outreach Clinic: Coming this fall!

SIGs: OrthoSIG, Internal Medicine SIG, Pediatrics SIG, Emergency Medicine SIG, NeuroSIG, Undergraduate mentoring program

Intramurals

Parking/Public Transport:

Free parking!

Wellness Resources

Campus Specific Wellness Resources:

Purdue Fort Wayne Student Assistance Program: Purdue University Fort Wayne Student Assistance Program offers free counseling services to Purdue Fort Wayne students in collaboration with Headwaters Counseling.

Hours: Monday 8:00am - 5:00pm; Tuesday and Wednesday 8:00am – 7:00pm; Thursday 9:00am – 8:00pm; Friday TBA

Location: Walb Student Union, Room 113

Make Appointment: (260) – 744-4326 or in person.

Fort Wayne Community Resources

Purdue Fort Wayne Health and Wellness Events

Campus Specific Health Resources:

Purdue University Fort Wayne Campus Health Clinic: The Purdue University Fort Wayne Campus Health Clinic is an outpatient facility providing a variety of health care services to students, faculty, staff and community members. We accept a wide range of health insurance plans.

Hours: Monday – Friday, 8:30am to 4:30pm (closed from 12:00pm – 12:30pm for lunch)

Location: Walb Student Union, Room 234

Make Appointment: (260) – 481-5748 or in person.

Parking: available in the parking garage 2 next to Gates Sports Center.

Exercise:

Purdue Fort Wayne Athletic Center: Free for students. Offers variety of group exercise classes for free! Personal training is also available.

***There are plenty of running trails all throughout the campus.

Outdoor Spaces/Activities:

Parks and bike trails are nearby!

Foellinger-Freimann Botanical Conservatory

Social Resources:

Activities/Annual Events:

Trunk-or-Treat Event

IUSM Indianapolis Resources

WHO'S WHO?

<p>Kristen Heath Statewide Wellness Coordinator Fesler Hall, Suite 115 1130 W. Michigan St E: krrheath@iu.edu</p>	<p>Lauren Henniger Statewide Orientation Coordinator Fesler Hall, Suite 115 1130 W. Michigan St. E: LJHennin@iu.edu</p>	
<p>Kelly Matthews Physician Mentor Coordinator Fesler Hall, Suite 115 1130 W. Michigan St. E: kahouser@iu.edu</p>	<p>Iyabode Okoro Transitions and Student Success Coordinator Medical Research Library Fesler Hall, Suite 115 1130 W. Michigan St. E: iokoro@iupui.edu</p>	<p>Courtney Lewellen MAP Training and Research Coordinator Fesler Hall, Suite 115 1130 W. Michigan St. E: cblewell@iu.edu</p>

Academic Resources

Campus Specific Resources:

SIM Center

Indianapolis Area Hospitals

Study Areas:

Ruth Lilly Library: Doors are open to all visitors for study and research during library hours until 5pm. From 5pm until the library closes, any IUPUI or IU card will allow for access (swipe in at the post near the entrance to the Library). Non-IU researchers need to use the call box by the library entrance to request entry.

From the time the library closes to the morning opening time, part of the library is open to IU School of Medicine students for quiet study. After hours access to the library is via the 2nd floor entrance using your IU School of Medicine Crimson Card. IU School of Medicine residents should inquire at the circulation desk if access is desired. Access issues? Please ask at the Circulation Desk, 317-274-7182.

Hours: Monday – Thursday 7:00am – 12:00am, Friday 7:00am – 9:00pm, Saturday 8:30am – 9:00pm, Sunday 12:00pm – 12:00am

Location: 975 W Walnut St, IB100, Indianapolis, IN 46202

Parking: The nearest visitor parking is the University Hospital Parking Garage, 600 University Blvd. or the Lockfield Parking Garage, 1050 Wishard Blvd.

VanNuys Medical Science Building: 635 Barnhill Drive, Indianapolis, IN 46202

Extracurriculars:

SIGs and SIG Clusters

Student Outreach Clinic

Parking/Public Transport:

Parking for VanNuys Medical Science Building/Ruth Lilly Library: The nearest visitor parking is the University Hospital Parking Garage, 600 University Blvd. or the Lockfield Parking Garage, 1050 Wishard Blvd. Parking passes for Lockfield are available for [purchase](#). For help, email permits@iupui.edu or call 317-274-4232

Campus Transit: For transportation between hospitals in Indianapolis, students, faculty and staff can use the IU Health shuttle service, which connects IU Health Methodist Hospital, IU Health University Hospital, Riley Hospital for Children at IU Health and other facilities. In addition, the [IUPUI campus shuttle](#) runs every 10-15 minutes, Monday through Friday. An [interactive bus app](#) can help with trip planning.

Public Transit: IndyGo, the public transit provider for the City of Indianapolis, provides transportation throughout the greater Indianapolis area and offers students a discounted rate. An exciting new bus system, called Red Line, will be introduced to Indianapolis by the year 2020.

Indianapolis also offers bike share programs and scooter rentals to help residents and visitors get around campus and the city quickly and conveniently.

Wellness Resources

Campus Specific Wellness Resources:

[IUSM Mental Health Services](#)

Make an Appointment: [email the Department of Mental Health Services](#) or call 317-278-2383 (Confidential information should not be included in email but can be left on voicemail.)

Location: Gatch Hall, Suite 600, 1120 W. Michigan Street, 46202

Parking: Parking is available at any of the student/physician lots with a valid permit. The closest visitor parking is Riley Hospital Outpatient Garage (575 Riley Hospital Garage, 46202). The office cannot validate parking costs/tickets. Additional garages and parking locations are available.

For Emergencies:

Mental Health Crisis Line: (317)-278-HELP (4357)

The LGBTQ+ Trevor Lifeline: (866)-488-7386

Crisis Textline: Text CSIS to 85511

Campus Specific Health Resources:

[IUPUI Student Health](#)

Campus Center

Hours: Monday and Thursday: 9:00 a.m.–4:00 p.m., Tuesday and Wednesday: 9:00 a.m.–6:00 p.m., Friday: 9:00 a.m.–2:00 p.m.

[Make an Appointment](#)

Location: Campus Center 213, next to the CrimsonCard office.

Coleman Hall

Hours: Monday–Wednesday and Friday: 7:30 a.m.–5:00 p.m., Thursday: 9:00 a.m.–5:00 p.m.

[Make an Appointment](#)

Location: [Coleman Hall](#), suite 100, at 1140 W. Michigan St., near Ball Hall

Exercise:

YMCA: Locations

Naptown Fitness: 916 N Capitol Ave, Indianapolis, IN 46204 OR 5255 Winthrop Ave, Indianapolis, IN 46220

Orange Theory Fitness: 91 N. New Jersey St. Indianapolis, IN 46204

Pure Barre: 209 W. Michigan Street, Indianapolis, IN 46204

The Hot Room Indianapolis: 3855 East 96th Street | Indianapolis, IN 46240 OR 305 East New York Street | Indianapolis, IN 46204

Outdoor Spaces/Activities:

Canal Walk: Tour this unique Indianapolis space, which stretches from White River State Park to Indianapolis' near north side, on foot, bike, boat or Segway.

Military Park: Originally a Civil War encampment, Military Park is home to Indianapolis' biggest festivals including Irish Fest and the Eiteljorg Museum's annual Indian Market.

Eagle Creek Park: With 3,900 acres of land and a 1,400 acre lake, Eagle Creek Park & Marina is the 6th largest city park in the U.S. and is a hotbed for rowing, birding, and cycling

Monument Circle: As the geographic heart of the city, "The Circle" is an ideal spot to enjoy lunch or get an iconic photo taken. Enjoy the art adorning the Sailor and Soldiers Monument, visit the Civil War museum located inside, or journey to the top of the monument for a birds-eye view.

Virginia B. Fairbanks Art & Nature Park at Newfields :100 Acres: Located on the grounds of the Indianapolis Museum of Art at Newfields, this kid-friendly green space connects contemporary art and an untouched landscape.

Monon Rail Trail: Take in Indianapolis' neighborhoods while along this popular rail-trail that stretches from the northern suburb of Westfield to downtown's Mass Ave Cultural District where it connects to the Indianapolis Cultural Trail.

Indiana War Memorial Plaza: Relax on a sunny day or walk your dog in this urban green space that blankets the space between the Central Library and the Indiana War Memorial.

Fort Harrison State Park & Golf Resort: Between picnics or fishing, visitors can tour the park's military past at the Prisoners of War Camp, Citizen's Military Training Camp, and Civilian Conservation Corps camp. Or, enjoy a round of golf on the Pete Dye-designed 18-hole course.

White River Gardens: The Indianapolis Zoo's botanical gardens offer over one thousand varieties of natural beauty and are home to a stunning array of butterflies every spring.

Garfield Conservatory and Sunken Gardens: With 10,000 square feet of tropical plants that are in full bloom year-round in the conservatory and three acres of classic, European formal garden, Garfield Park is a must-see for any green thumb.

Social Resources:

Indianapolis Monumental Marathon
Indy Mini

Activities/Annual Events:

IUSM Muncie Resources

WHO'S WHO?

Derron Bishop, PhD Associate Dean 221 N Celia Ave, MT 201 E: debishop@iupui.edu	Ila Verneman Administrative Coordinator E: iverneman@bsu.edu	Hanna DelaGardelle Lead Advisor, Muncie E: hdelagar@iu.edu
Kim Casada Student Liaison Coordinator E: kacasada@bsu.edu	Mary Alice Bell Educational Specialist E: mabell@bsu.edu	Joe LoPilato Technology Coordinator E: jlopilato@bsu.edu

Academic Resources

Campus Specific Resources:

SIM Center: Located in the Edmund F. Ball Medical Education Center. The Janice B. Fisher Learning Center: A 10,000 square-ft. simulation facility where hospital staff, physicians, residents, medical students and the community can receive health-related education.

Study Areas:

Student Lounge: Located in the Edmund F. Ball Medical Education Center.

Student Study Carrel: Located in the Edmund F. Ball Medical Education Center. Provide lockable drawers for storage.

Computer Lab: Located in room 202 of the Edmund F. Ball Medical Education Center. This room is available for medical students and faculty/staff only—24 hours a day.

Library

Extracurriculars:

SIGs: Wilderness/ER medicine Surgery Healthy Eating Active Lifestyle Healthy Lifestyle Center Medical Spanish Community Service Tech Committee

Parking/Public Transport:

Parking is free at the medical center. The Edmund F. Ball Medical Education Center is embedded within IU Health Ball Memorial Hospital.

Wellness Resources

Campus Specific Wellness Resources:

Ball State University Counseling Center: Every year, hundreds of students, faculty, and staff members use the services of the Counseling Center. This comprehensive services office provides free and confidential [psychological](#) and [career](#) resources to students. The primary mission of the agency is to assist students in reaching their educational goals, as well as to improve their quality of life. The [staff](#) is diverse, professional, warm, and receptive to students who seek services.

Hours: Monday – Friday, 8:00am – 5:00pm

Location: Lucina Hall, Room 320

Make Appointment: (765) – 285-1736 or in person.

For Emergencies: call 911 or University Police (765) – 285-1111. [Additional Resources](#).

Campus Specific Health Resources:

Ball State University Health Center: The Ball State University Student Health Center, located in the [Amelia T. Wood building](#), provides ambulatory health care for currently enrolled sick and injured students in addition to providing care for on-the-job injuries for Ball State University employees. The Health Center is comprised of a [Main clinic](#) and [pharmacy](#) on the first floor, [Women’s Center](#) and [Health Education](#) on the second floor, and a [physical therapy](#) unit on the lower level.

Hours: Fall/Spring: Monday, Thursday, Friday 8am-4:30pm; Tuesday, Wednesday 9am-6:30pm; Summer: Monday-Friday 7:30am-3:30pm

Location: 1500 W. Neely Avenue

Make Appointment: (765) – 285-8431 or in person.

For Emergencies: call 911 or University Police (765) – 285-1111. [Additional Resources](#).

If you need non-emergency medical care when the Health Center is closed, the local options are:

Southway Urgent Care: 3807 S. Madison St. (765)-747-1164

MedExpress: 1313 W. McGalliard Rd. (765)-287-8460

Concentra: 3911 W. Clara Ln. (765)-288-8800

Exercise:

[Jo Ann Gora Student Recreation and Wellness Center](#)

[Hours](#)

Location: 1700 W Neely Ave, Muncie, IN 47304, Main Office: RC 201

Contact: Main Office 765-285-1753, Outdoor Pursuits: 765-285-1164, E: recreation@bsu.edu

The Ball State Arboretum: Offers five walking trails have been designed and implemented across the main body of campus for the enjoyment of educators, students, and community members. These trails average about one mile each, and all together feature 197 trees, with 144 different species/cultivars. Trails will remain open to the public year-round.

Outdoor Spaces/Activities:

[White River \(West Fork\)](#)

Cardinal Greenway: Indiana’s longest span of recreational trails measuring 62 miles from Marion through Muncie to Richmond.

[Prairie Creek Reservoir](#)

[Muncie Parks](#)

Social Resources:

Activities/Annual Events:

Homecoming Tailgate

IUSM Northwest Resources

WHO'S WHO?

Elizabeth R. Ryan Associate Dean Dunes Medical 3004 E: ryaneli@iu.edu	Dawn Ligenfritz Director of Operations and Finance E: dilgenfr@iu.edu	Alison Zovko, MS Lead Advisor, Northwest Dunes Medical 1050 E: azovko@iu.edu
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Academic Resources

Campus Specific Resources:

Research: All full-time foundational science faculty at IU School of Medicine-Northwest-Gary have active research laboratories exploring fundamental questions of cell function. Two areas of focus at this campus are eye research, especially related to corneal and retinal diseases, and pathogenesis of bacteria and innate immunity. Summer research opportunities are available for first-year medical students who would like to work with faculty and gain research experience.

Study Areas:

Dunes Professional Building: The Gary campus offers private and group study areas that medical students can access at their convenience. These rooms are located on the second floor of the Dunes Professional Building and are accessible only to medical students to ensure a productive environment for work and collaboration.

Local Coffee Shops

Extracurriculars:

SIGs: AMA, ISMA, Latino Medical Student Association, Student National Medical Association.

Parking/Public Transport:

Parking for Dunes Professional Building: Parking is available in the campus lot north of campus. Find more information about campus parking through [Parking Services](#).

*** Medical students at IU School of Medicine-Northwest-Gary have several local housing options—all within 15-20 minutes of campus. Among the most popular housing options for medical students in Gary are [Huntington Cove Apartments](#) and [Prairie Point Apartments](#).

Wellness Resources

Campus Specific Wellness Resources:

[Indiana University Northwest Health and Wellness Clinic](#)

Hours: Monday 8:00am - 2:00pm, Wednesday 12:00pm - 4:00pm, Thursday 10:00am - 2:00pm

Location: Dunes Medical/Professional Building, Room 1027, 1st Floor North End of Building

Make Appointment: call (219) 980-7250.

Required Forms: [New Patient Paperwork](#), [HIPAA Privacy Practices](#), [Health Screening Verification Form](#)

For Emergencies: In the event of an emergency, go to the nearest emergency room. The Methodist Hospital Northlake Campus (219-886-4710) is located in Gary and the Methodist Hospital Southlake Campus (219-738-5510) is in Merrillville.

Campus Specific Health Resources:

Indiana University Northwest Counseling Services

Hours: Monday – Friday 8:00am – 5:00pm

Location: 3400 Broadway Hawthorn Hall, Room 201

Make Appointment: call (219) 980-6741.

For Emergencies:

- **National Suicide Prevention Lifeline:** 1 (800) 273-TALK (8255) or text LISTEN to 741741
- **Northwest Indiana Community Action Corporation:** 1 (800) 826-7871 or dial 211
- **Domestic Violence:** Police Emergency: 911, Adult Protective Services: 1 (800) 992-6978, Indiana Coalition Against Domestic Violence (24 Hour Hotline): 1 (800) 332-7385
- **Rape Crisis Line:** (219) 218-2552

Exercise:

Savannah Fitness Center: The Savannah Fitness Center offers IU Northwest students, faculty, and staff a convenient and inexpensive space to stay fit. The Savannah Fitness Center offers a full-size gym, Aerobics Room, Weight Room, and Walking Track. The Weight Room contains Cybex equipment, free weights, and various heart-healthy cardio machines.

Hours: Monday - Thursday: 6:30 a.m. - 7:00 p.m., Friday: 6:30 a.m. - 5:00 p.m.

Location: 3400 Broadway

Intramurals

Outdoor Spaces/Activities:

Indiana Dunes National Park: 1215 N. State Rd 49, Porter, IN 46304

Lake Street Beach: Lake Street & Lake Michigan

Marquette Park: 598 N Grand Blvd Gary, IN 46403

Marquette Trail: County Line Road and Main Street, Gary, IN 46408

Wells Street Beach: 9501 Lake Shore Dr, Gary, IN 46403

West Beach: 376 North County Line Road, Gary, IN 46303

Social Resources:

Activities/Annual Events:

IUSM South Bend Resources

WHO'S WHO?

Mark Fox, MD, PhD, MPH Associate Dean 1234 N. Notre Dame Avenue E: markfox@iu.edu		Stacey Jackson, MS Director of Regional Medical Education E: sajacks@iu.edu
Melissa Hottos, MBA Director of Finance and Operations E: mtakach@iu.edu	Gail Mancini, MLA Director of Public Affairs and Communications E: Gmancini@iu.edu	Kristina Borger, MA Lead Advisor, South Bend Raclin-Carmichael Hall E: kaborger@iu.edu

Academic Resources

Campus Specific Resources:

Notre Dame Campus Resources: All of Notre Dame's facilities, including libraries, campus computer labs and buildings, gyms, etc. We can also buy student tickets to their sporting events!

Research: At the IU School of Medicine-South Bend campus, external funding for faculty research exceeds \$2 million per year. The campus' young faculty explore a wide range of critical issues in medicine, including the circuitry of pain and the genetics that drive mosquitoes to spread malaria and Zika virus. Through collaborative partnerships with Notre Dame, faculty at the South Bend campus conduct research in excellent facilities and benefit from strong support from local service cores. Moreover, students at IU School of Medicine-South Bend have opportunities to work with basic science and clinical faculty in their labs throughout the academic year.

[Harper Cancer Research Institute](#)

Cadaver Lab

Practice Exam Rooms

Study Areas:

Medical School Library

Notre Dame Study Spaces

Local Coffee Shops

Extracurriculars:

Navari Student Outreach Clinic: The Navari Student Outreach Clinic (NSOC) is a student-led health clinic that offers free health care to the uninsured and underserved South Bend community. Under a shared governance model, medical students at Indiana University School of Medicine-South Bend manage the clinic and its services under the supervision of local licensed physicians.

The mission of the NSOC is to provide low cost, high quality health care while providing a community health learning experience to IU School of Medicine-South Bend medical students. It is important for the clinic to also serve as an educational tool for members of the South Bend community as it relates to medical conditions and medications, and the services available to meet their health care needs.

SIGs: Surgery SIG, AMWA, Christian Medical and Dental Association Chapter, Student Wellness Club

Parking/Public Transport:

Parking at Medical School Building: Free.

Parking at Notre Dame: Free during specific hours.

South Bend Public Transit

Wellness Resources

Campus Specific Wellness Resources:

Indiana University South Bend Student Counseling Center

Hours: Monday – Thursday, 9:00am – 5:00pm, Friday for pre-scheduled appointments only.

Location: Administration Building, Room 175A

Make Appointment: (574) – 520-4125 or in person.

For Emergencies: call 911, Call Memorial Epworth Center at (574) 647-8400, Go to Memorial Epworth Center at 420 N. Niles Ave., South Bend, IN, or go directly to the nearest Hospital Emergency Room
24-Hr National Suicide Prevention Lifeline: 1-800-273- 8255. <http://www.suicidepreventionlifeline.org/>
(please note this service is not affiliated with Indiana University)

Campus Specific Health Resources:

Indiana University South Bend Health and Wellness Center

Hours: Monday – Thursday, 9:00am – 5:00pm, Friday for pre-scheduled appointments only.

Location: Administration Building, Room 175A

Make Appointment: (574) – 520-4125 or in person.

Exercise:

Yoga: Taught at the medical school building 2x/week.

Notre Dame's Campus: Sidewalks and trails around Notre Dame's campus.

Notre Dame Recreational Facilities: All of Notre Dame's gyms with rock climbing wall.

Hours

Intramurals

Outdoor Spaces/Activities:

Local Lakes, Trails, Parks, and Attractions

South Bend Riverside Trail

Social Resources:

Activities/Annual Events:

Tailgating for Notre Dame's Football Games

Annual Medicine Ball fundraiser with community physicians

IUSM Terre Haute Resources

WHO'S WHO?

Taihung (Peter) Duong, PhD Associate Dean 620 Chestnut St. HH135 E: tduong@iupui.edu	Jonathan O'Neal Assistant Director of Admissions E: jponeal@iupui.edu
Beth Nesius Operations Manager E: Beth.nesius@indstate.edu	Ashley Holt, MS Lead Advisor, Terre Haute E: ashley.holt@indstate.edu

Academic Resources

Campus Specific Resources:

SIM Center: located at Union Hospital.

Research: Faculty at ISU campus including Dr. Canfield, Dr. Templeton, and more.

Weekly Standardized Patients during FCP 1/2 Courses

Designated Clinic Space: located in Landsbaum. Used for FCP to examine our standardized patients.

Study Areas:

ISU Library, Vigo County Library, Java Haute Coffee Shop, Starbucks, The Corner Grind Coffee Shop, Rural Medical Library with Study Rooms in the Landsbaum Center for Health Education

In HH library and lounge. In basement there is also a classroom.

Landsbaum Center for Health Education: Rural Medical Library with 3 study rooms

Holmstedt Hall: There are two study rooms. There are cubicles you'll get to pick and make your own for the year.

ISU library is notorious for being loud, so not many people study there. There's a Starbucks on campus. A favorite is "Java Haute" which is on Wabash far from campus. Some people love to study there.

Extracurriculars:

Terre Haute Community Health Fair

Mollie Wheat Memorial Health Clinic: It is a great opportunity to give back to the community and strengthen your clinical skills! You'll learn how to volunteer when you get to Terre Haute.

SIGs: Family Medicine SIG, Emergency Medicine SIG, Peds SIG, AMWA, ISMA, AMA, and opportunities to make others active!

Parking/Public Transport:

Parking at Landbaum: Free

Parking at Holmstedt Hall: Pay to park.

Terre Haute Public Transport

*** Ample parking and everything is close, but poor public transport. If you live far from campus, buy a parking pass and park in Lot M. It is the closest to Holmstedt Hall.

Wellness Resources

Campus Specific Wellness Resources:

Indiana State University Counseling Services:

Hours: Monday-Thursday 8:00 a.m. – 5:00 p.m. Friday 8:00am – 4:30pm

Location: 2nd Floor Gillum Hall, 217 North 6th Street, Indiana State University

Make Appointment: (812) 237-3939, or stop in to the SCC.

All registered students at Indiana State University, are eligible to receive counseling services at the SCC. The first appointment is FREE, after which there is one-time fee of \$60 for counseling for the academic year. Depression, anxiety, difficulties in relationships, feelings of inadequacy, sexuality issues, identity problems, substance abuse issues and problems interfering with academic functioning are some of the concerns students address through counseling. Clients needing extended treatment or special services beyond those offered at the SCC will be referred to competent resources in the Terre Haute community.

For Emergencies: For assistance with emergencies (where a student is out of control, disoriented, or potentially feeling harmful to themselves or others), contact the ISU Public Safety office at 237-5555. Call 911 if the crisis is life threatening. Contact the Suicide Prevention Lifeline 1-800-273-TALK (8255) Or go to either Union or Regional Hospital's emergency rooms.

Sexual Assault Crisis: You are not alone. We have services here to help anyone who has experienced an assault. If you or someone you know has been sexually assaulted,

- Get to a safe place. Your safety is most important!
- Contact someone who can help you:
 - Vigo County SART (Sexual Assault Response Team):
 - 1-800-566-CODA (2632) or 812-232-1736
 - Police: 911 or 812-237-5555
 - ISU Student Counseling Center: 812-237-3939
 - National Sexual Assault Hotline: 1-800-656-HOPE (4673)
- Get medical attention. Even with no physical injuries, it is important to determine the risks of STDs and pregnancy

***We encourage you to reach out to Ashley Holt or Dr. Lasek.

Campus Specific Health Resources:

UAP Clinic – Indiana State University Health Center:

Hours: Monday-Friday 8:00 a.m. - 4:30 p.m. Closed Noon - 1:00 p.m. for lunch.

Location: Student Services Building, 567 North 5th Street

Make Appointment: call (812) 237-3883.

For Emergencies: In case of an emergency on campus, call the University Police at (812) 237-5555 to report the incident or 9-1-1. University Police will respond, contact an ambulance, and direct personnel to the site of the emergency in order to provide transportation as needed.

Exercise:

ISU Recreational Center: IUSM-TH will purchase a membership for the recreation center. There are tons of intramurals to sign-up for too.

Location: 601 N. 6th Street

Contact: (812) – 237-4358 (Welcome Desk), (812) – 237 – 4097 (Membership Services)

Planet Fitness: 138 W Honey Creek Pkwy Terre Haute, IN 47802

***There are quite a few running trails around! Dobbs Park, Deming Park, and Hawthorn Park are a few of them.

Outdoor Spaces/Activities:

Local Parks: National Road Heritage Trail, Jones Trailhead, Collett Park Pathway, Dobbs, Trail, Hulman Street Trail, Indiana Veteran’s Memorial Mile

Social Resources:

Activities/Annual Events:

Spring Awards Dinner

ISU Homecoming: One of the traditions at ISU is an event during Homecoming called "The Walk". It is where you start at bars around campus at 7am on a Saturday and walk towards the stadium with bars set up all the way there. It is a fun event! Each group makes a customized shirt to wear during it.

Community Health Fair

IUSM West Lafayette Resources

WHO'S WHO?

Regina A. Kreisle, MD, PhD Associate Dean Lyles Porter Hall 715 Clinic Drive Suite 2069 E: rkreisle@iupui.edu	Donna R. Fulkerson Medical Education Administrator E: drf@purdue.edu	
Natalie O'Neal Phase 1 & 2 Regional Campus Administrator E: ONeal17@purdue.edu	Jayne R. Rayman Outreach and Communications Specialist E: jrrayman@purdue.edu	Linnette White Lead Advisor, Bloomington Lyles-Porter Hall Room 2017 E: liwhit@iu.edu

Academic Resources

Campus Specific Resources:

SIM Center: Located in Lyles Porter Hall.

Research: Ample research opportunities through Purdue with generous summer opportunity funding.

Lunch & Learns

Study Areas:

Lyles Porter Study Spaces

Veterinary School Library

Purdue Study Spaces: WALC, Hicks Undergrad Library, Krannert School of Management

Coffee Shops: Starbucks by Meijers, Greyhouse Coffee, Vienna Espresso Bar and Bakery, Starbucks on campus, and numerous coffee shops in Lafayette

Extracurriculars:

SIGs: EM, Surgery, Internal Medicine, Dermatology, Plastic Surgery, Cardiology, Medical Weight Loss, AMWA and more have all had events this year! If you want one, feel free to start it up again!

Purdue Intramurals: basketball, flag football, soccer

Weekly Walleyball

Student Outreach Clinic: set-up is in progress!

Parking/Public Transport:

Parking at Lyles Porter Hall: Connected parking garage!

West Lafayette Public Transport: Free city bus system with bus stop right in front of Lyles Porter.

Wellness Resources

Campus Specific Wellness Resources:

Purdue Veterinary Medicine Counseling and Wellness Services: The mission of the Purdue University College of Veterinary Medicine Counseling and Wellness Services is to promote academic success, psychological well-being, and healthy fulfilling relationships in the context of a balanced life experience for all PVM students. Services are provided by Dr. Luana Nan, an Indiana licensed psychologist. Dr. Nan holds a B.S. in Physics from the University of Bucharest, Romania, a B.S. in Psychology at the University of Utah, and a PhD in Counseling Psychology from the University of Illinois, Urbana-Champaign.

Hours: Monday: 11:00 a.m. - 8:00 p.m., Tuesday: 8:00 a.m. - 5:00 p.m., Wednesday: 8:00 a.m. - 5:00 p.m., Thursday: 11:00 a.m. - 8:00 p.m., Friday: 8:00 a.m. - 5:00 p.m.

Location: Lynn Hall, Room 1245

Make Appointment: contact Dr. Nan at nanl@purdue.edu or call (765) – 494 – 7893.

Walk-In Services: Monday, Tuesday, Thursday, Friday: 12:30pm - 1:30pm, Wednesday: 11:30am - 12:30pm

Drop-Ins – welcome anytime!

For Emergencies

During regular business hours:

- For a life threatening emergency: CALL 911 and ask to speak to the Purdue Police CIT officer.
- For non-immediate life threatening situations: Call Purdue's Counseling and Psychological Services (CAPS), at (765) 494-6995

After regular business hours, weekends, and holidays:

- Emergency (suicidal thoughts with plan or intent):
 - Call 911 and ask to speak to the Purdue Police CIT officer.
 - Go to the Franciscan St. Elizabeth East Hospital Emergency Room at 1701 S. Creasy Lane in Lafayette or call them at (765) 502-4000.
 - Go to Sycamore Springs at 833 Park E. Blvd in Lafayette or call them at (765) 743-4400.
- Non-Emergency (suicidal thoughts but no plan or no intent):
 - Call the Purdue Student Help and Crisis Line at (765) 495-HELP (4357), their services are available 24/7.
 - Call the Lafayette Crisis Center at (765) 742-0244, their services are available 24/7.

Campus Specific Health Resources:

Purdue University Student Health (PUSH):

Hours: Monday – Friday 8:00am – 5:00pm (4:30pm last available appointment), Saturday 10:00am – 5:30pm

Location: 601 Stadium Mall Dr. West Lafayette, IN 47907

Make Appointment: call (765) – 494–1700

Walk-In Services: Monday, Tuesday, Thursday, Friday: 12:30pm - 1:30pm, Wednesday: 11:30am - 12:30pm

Drop-Ins – welcome anytime!

For all medical visits, please arrive 15 minutes early and bring your Purdue student ID and your insurance card. If you are not a student but are eligible to be seen, please bring a photo ID.

YOU MUST CHECK IN AT THE WELCOME DESK, ON THE MAIN FLOOR, FOR ALL PUSH APPOINTMENTS.

Students are granted a 5 minute grace period for every scheduled appointment. It is extremely important that you to arrive, at the Welcome Desk on the main floor, at least 15 minutes prior to your appointment in order to avoid being marked as a no show.

If you are late for your appointment, you will be marked as a no show and a \$25.00 NO SHOW fee will be added to your Bursar's account.

If you are unable to attend your appointment you must cancel it at least 1 hour prior to your scheduled appointment time. You may cancel your appointment by calling 765-494-1700, or through the [Patient Portal](#).

Exercise:

Purdue Recreation Center

Location: France A. Cordova Recreational Sports Center, 355 N. Martin Jischke Drive

Contact: (765) – 494-3109

Outdoor Spaces/Activities:

Wabash Heritage Trail: Battle Ground, IN

Happy Hollow Park: 1301 Happy Hollow Rd. West Lafayette, IN 47906

Columbian Park: 1915 Scott Street Lafayette, IN 47904

Celery Bog Nature Area: 1620 Lindberg Road, West Lafayette, IN 47906

Tippecanoe Battleground Park: 200 Battle Ground Ave, Battle Ground IN 47920

Turkey Run State Park: 8121 E. Park Rd. Marshall, IN 47859

Wolf Park: 4004 E 800 N Battle Ground, IN 47920

Social Resources:

Activities/Annual Events:

Purdue Athletics (particularly football and basketball)

Starry Night Festival: Music/arts festival usually in late September.